

# **“The Resonance of Reality”**

**by**

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What if the true nature of reality was a lot like an onion, made up of layers upon layers of different levels of reality that, when peeled back, exposed a creative, self-regenerating, web-like core? An infrastructure that contains the whole of all that is, was and ever will be. A source from which everything is interconnected within a grid-like framework.

As modern theoretical physicists search for a unified “Theory of Everything” that will condense the four fundamental forces of nature into one mathematically sound truth, those who dare to explore the paranormal have also begun to search for a cohesive theory which may assist in explaining the vast unknown. How do such things UFOs, ghosts, poltergeists, cryptids, mysterious energy vortices, remote viewing, psi abilities, clairvoyance, mind over matter, teleportation, and many other unexplained phenomenon happen? Where do they come from? What is the mechanism that triggers their manifestation within our simple, three-dimensional reality?

With new discoveries in the cutting edge sciences of quantum theory, brain research, and consciousness studies, that “paranormal theory of everything” may be much closer than we think. And, more exciting, that same theory may also be the veritable Holy Grail sought by physicists and scientists in their attempts to understand how the universe works... not to mention, how we as human beings work. Behind all the excitement is what the authors of this article call “The R Word.”

Resonance.

Vibration. Frequency. “Jiggle.” Resonance is, according to answers.com “a matter of one object or force getting in tune with another object. One literal example of this involves shattering a wine glass by hitting a musical note that is on the same frequency as the natural frequency of the glass. Though people seldom witness it directly, the entire world is in a state of motion, and where solid objects are concerned, this motion is manifested as vibration. When the vibrations produced by one object come into alignment with those of another, this is called resonance. Resonance helps to explain all manner of familiar events, from the feedback produced by an electric guitar to the cooking of food in a microwave oven.”

Increasingly, more and more scientists, as well as paranormal researchers, are looking to resonance as a comprehensive model that may bridge the gaps between science and the supernatural, the normal and the paranormal, and perhaps go one step further to explain every facet of reality in between. This theory may indeed center on the vibratory nature of matter as it relates to both the natural and “unnatural” worlds, as well as on harmonics and sound.

Resonance and sound are such important concepts that they have even been linked to nearly every manner of mysterious phenomena reported the world over, including ghosts, UFOs, and energy vortices. Even such hallowed sites as sacred temples, edifices and monuments such as the Pyramid at Giza are not immune! In fact, some believe that the Great Pyramid may have been designed to act as a giant resonating structure attuned to the vibrational frequency of the Earth itself.

But if resonance is the basis for the Theory of Everything, or at least the best theory we have to explain much of what we consider to be “anomalous” or “paranormal,” then how does it work? As scientists are discovering, the brain appears to act more as a receiver for information, with consciousness choosing what information will be perceived and shaped into reality. What the “mind” resonates with often becomes our reality. This is the foundation for the popular interest in the Law of Attraction as “the secret” to achieving one’s dreams and goals. Yet the brain may also work in tandem with consciousness to perceive a specific frequency, that found in the infrasonic range, to “see” a ghost or sense a presence in the room, evidenced by the research of Vic Tandy, Michael Persinger and others who used sound and frequency as a means to facilitate paranormal “spookiness.”

Research conducted over the last decade has shown irrefutable evidence that the nature of consciousness is associated with the degree of consciousness present and the number of neurons in the brain actively assembled in a synchronized state. This state generally lasts only for a few milliseconds, and then the neurons re-assemble, allowing for a continuously variable state of consciousness. Is it then possible that paranormal phenomena is observed when the brain is experiencing a specific momentary assembly of large numbers of neurons at just the right time to create an altered state of perception?

According to Giulio Tonon, Department of Psychiatry, University of Wisconsin, in a November 2004 article in the BMC Neuroscience Journal “Consciousness poses two main problems. The first issue is understanding the conditions that determine to what extent a system has conscious experience. For instance, why is our consciousness generated by certain parts of our brain, such as the thalamocortical system, and not by

other parts, such as the cerebellum? And why are we conscious during wakefulness and much less so during dreamless sleep? The second problem involves the understanding of the exact conditions that determine what kind of consciousness a system has. For example, why do specific parts of the brain contribute specific qualities to our conscious experience, such as vision and audition?"

Perhaps, as physicist Amit Goswami suggests, consciousness is the ground of all being. "When we act in the world we really are acting with causal power. This view does not deny that matter also has causal potency — it does not deny that there is causal power from elementary particles upward, so there is upward causation — but in addition it insists that there is also downward causation. It shows up in our creativity and acts of free will, or when we make moral decisions. In those occasions we are actually witnessing downward causation by consciousness." The link becomes the vibratory synchronization of consciousness with action, to create, as the Secret tells us, that which we wish to physically manifest. Yet our consciousness needs something to tap into to create these resonant frequencies, and that is where the Grid comes into play.

The concept of the Zero Point Field as a sort of grand, ground universal state of energy has swept the scientific community, but we authors propose that this grand, ground state acts more like a grid, with layers upon layers of levels of reality that can be accessed only when resonance is applied. And the vehicle with which we can move about the Grid is our consciousness. This suggests, as well, that other "beings" or life forms are moving about the Grid, too, and could explain the entire gamut of paranormal phenomena, from aliens to apparitions, as well as psi abilities like remote viewing, ESP

and precognition. Within the Grid, there is no linear time, and anyone able to tap into this field of information theoretically should be able to access the past and future.

Reality is all encompassing, and yet, remains veiled – seemingly always out of grasp of our full comprehension. One thing remains constant, however: the connection between resonance and “everything.” If we ourselves are resonance in human form, it behooves us to find what we feel in tune with, and avoid what causes us a sense of disharmony and disorder. Perhaps, the entire Universe operates this way...always seeking out that which it is aligned with to create new matter, new energy, new life.

Does that resonate?

Marie D. Jones and Larry Flaxman are the authors of “The Resonance Key: Exploring the Links Between Vibration, Consciousness and the Zero Point Grid,” and “11:11 – The Time Prompt Phenomenon: The Meaning Behind Mysterious Signs, Sequences and Synchronicities.”